

## Skills and Techniques:

→ **Actions** (eg travel, turn, elevation, gesture, stillness, use of different body parts, floor work, transfer of weight)

→ **Dynamics** (eg fast/slow, sudden/sustained, strong/light, flowing/abrupt)

→ **Space** (pathways, levels, directions, size of movement, patterns, spatial design)

→ **Relationships** - lead and follow, mirroring, action and reaction,, complement and contrast, formations)

→ **Timing**

→ **Rhythm**

## Choreographic devices:

- Motif and development
- Repetition
- Contrast
- Highlights
- Climax
- Changes in numbers of dancers
- Unison and canon.
- Chance Choreography

## Positions and groupings:

- Solo
- Duet
- Trio
- Group
  
- Centre stage
- Upstage
- Downstage
- Stage Left
- Stage Right
- Onstage
- Offstage

## Performance skills:

- Posture
- Alignment
- Balance
- Coordination
- Control
- Flexibility
- Mobility
- Strength
- Stamina
- Extension
- Focus

## Key Words:

- Choreography
- Pathways
- Direction
- Level
- Speed
- Extension
- Timing
- Phrase
- Stimulus

